

Rescued from Death

There was no hope. The neighbors and the community's spiritual leader "Acha" prepared the death ceremony for the desperate 25-year-old, Den Sok Oun. All considered Den's illness untreatable. Den Sok Oun lives in a crowded house (6 square meters or about 7 square yards) with her family of ten. Her \$100/month garment-factory salary supports her family, helping pay for her siblings' education. Her family couldn't bear the thought of losing her or the financial impact of losing her income.

As her last hope, Den Sok Oun traveled to SHCH. She arrived in critical condition, unable to walk and weak in all her limbs. She was emaciated with a diffuse body rash; diagnostic imaging revealed a big abdominal mass. She was immediately admitted to the medical ward with diagnosis of Dermatomyositis and lupus, an autoimmune disease. Her examination also revealed Pericarditis, an inflammation of the heart. She was treated with different 8 medications to cover all of the above diagnoses



including steroid folic acid. After a CT scan revealed a huge mesenteric tumor and a suspicious type of desmoids cyst, SHCH performed a laparotomy but the medical staff were unable to remove the cyst.

Within 8 hours after her operation, Den Sok Oun's family wanted to bring her home for traditional prayer and preparation for dying. Though her family considered her condition

hopeless, the medical doctors at SHCH refused to give up. They called and asked her to return two days later. She was readmitted to the medical ward and continued her intensive care with severe sepsis and acute respiratory distress for over a week. Fortunately, she recovered and was discharged to return home. Because of her persistent fever, she was eligible to participate in a NIDIAG study that provided a grant that included follow-up treatments. She steadily improved.

Imagine the surprise of the hospital's doctors when a vibrant, healthy young woman appeared a year later, in April 2014.

"She was so healthy, I could barely recognize her," exclaimed Dr. Kruey, an integral member of her treatment team.

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I am so lucky. I have been given a new life. Thank you to the staff who give me respect. I am happy for my future.

//

--Den Sok Oun

Your donation saves lives.

www.sihosp.org

1, 2, 5, 3, 5, 7, 2 Patient Consultations as of March 2014

CHANGE A LIFE • CHANGE A FAMILY • CHANGE A NATION

Director's Message



Every morning, I arrive at the hospital's front door to a group of people waiting for treatment. They are thin, resigned, and often using our donated wheelchairs for a more comfortable resting place. They are gently supported by their families, patiently waiting for their turn to see SHCH's highly-respected team of health professionals. Most frequently, they know of our services through word of mouth: tuktuk drivers, neighbors, or family members that have been treated here in the past.

SHCH's patients are critically ill, often arriving in great pain and with multiple symptoms that require rigorous diagnostics, such as laboratory tests, pharmacy and radiology. Some require access to HOPE *worldwide* Medical Center's CT scan, the only one available to people regardless of their ability to pay.

All of our comprehensive services, combined with the clean and professional environment in our medical and surgical wards, create an environment conducive and supportive to healing. However, I believe the technical expertise, respect, and compassion shown by our medical staff and our international medical volunteers, is what truly provides reassurance to families and strengthens the trust and confidence of our patients.

These factors are all important to helping sick patients get better, but the most powerful force is the response of the patients themselves. The positive, caring environment created by SHCH's services and staff fosters an environment of optimism and strength that is evident from the moment they walk into our triage area. The power of having hope never ends. Instead, it is shared and extended to others in need. This hope is a key enabler to our patients' ability to get well.

The services and healing environment delivered to the critically ill and very poor are all offered free of charge. Many institutional donors will support services for specific diseases, but there are few that provide for unrestricted services like the one delivered to Den Sok Oun (see cover article). Yet, these types of efforts comprise 76% of our hospitalized patients, requiring 24-hour care and other significant resources each year. Support from people like you—either from connections to others, donations of supplies or specific expertise or direct financial contributions—is extraordinarily valuable to meeting these needs and helping patients like Den Sok Oun return to a healthy, productive life. On behalf of all of our patients and staff, I thank you for your support.

Sincerely,

A handwritten signature in black ink, appearing to read 'Jason T. Reinhardt'. The signature is stylized with a large, sweeping initial 'J'.

Jason T. Reinhardt
Executive Director

The mission of the Sihanouk Hospital Center of HOPE is to provide further education and clinical training for medical professionals while delivering free 24-hour high-quality medical care to the poor and disadvantaged of Cambodia.

Ultrasound Workshop



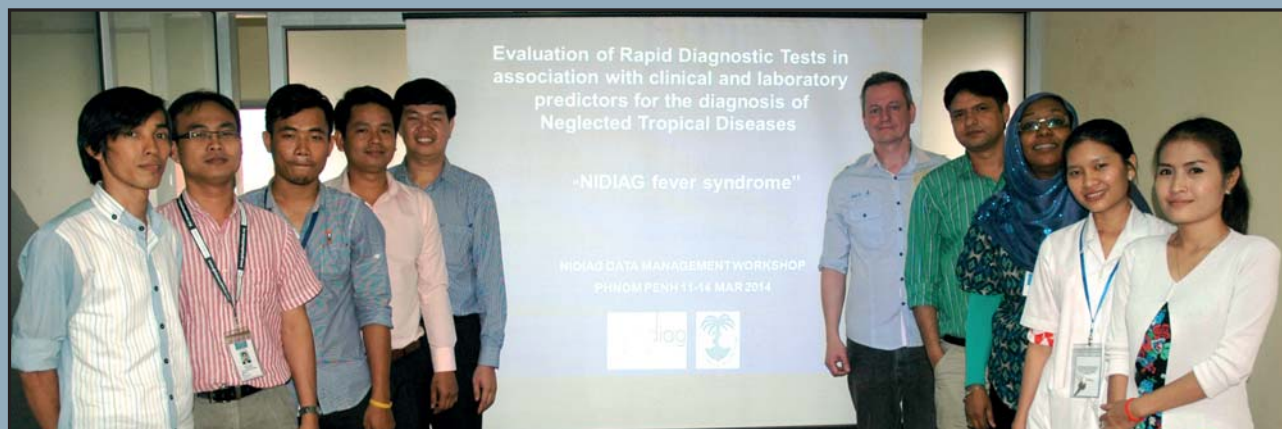
The radiology departments at SHCH and the Diagnostic Center at HOPE *worldwide's* Community Medical Center delivered an "After Basic Ultrasound" workshop on March 1. The workshop was co-sponsored by KIMTECH Co., Ltd, Bayer and SCI Healthcare. 110 participants from private clinics and public sector referral hospitals attended.

New SHCH Director



SHCH warmly welcomes Jason Reinhardt as the Hospital Director and Country Director for HOPE *worldwide* Cambodia programs. His wife Kelli and their children Levi, Leah and Lucy (the toddler) are enjoying Cambodia's warm weather and the great opportunities to experience a new culture. Pictured here with Dr. Gary Jacques, VP for Health and Social Service Programs at HOPE *worldwide*.

NIDIAG Fever Syndrome Workshop on Data Management



SHCH hosted three international visitors during a Workshop on Data Management for the NIDIAG Fever Syndrome on 11-14 March 2014. Co-sponsored by ITM, SHCH staff presented training components. Dr. Manar Abdel-Rahman from Sudan, Mr. Anish Bhattarai from Nepal and Mr. Harry Van Loen from Belgium joined the weeklong training, in addition to the 7 other participants from different departments at SHCH who are working closely with implementing the research study. SHCH is the only NGO charity hospital involved in this study; 12 other research and academic institutions are involved.

Mr. Sopheak Sok, Data Manager for SHCH, served as a key workshop trainer. He remarked, "The capacity building section was very helpful to me and all data management staff to understand each processes and requirement for data management in medical research."

INTERNATIONAL VOLUNTEERS JANUARY-APRIL 2014

We are thankful to the many people who have volunteered their time to help the hospital

January

Dr. Ernesto Madarang	Medical
Ms. Hai Madarang	Medical
Dr. Shamir Haji	Medical
Dr. Gordon Noel	Medical
Dr. Claire Ziegler	Medical
Dr. Edward Hurwitz	Radiology
Ms. Marjorie Hurwitz	HR
Dr. Hong Taing Tek	Surgical
Dr. Kyle Etzkorn	Surgical
Ms. Soun Tek	Surgical
Ms. Angela Hull	Surgical
Ms. Tiffany Burch	Surgical
Mr. John Watt	Surgical
Ms. Jennifer Clark	Surgical
Ms. Schuyler Hodge	Pre-medical student

Dr. Patricia Ritze Medical

February

Dr. Elizabeth Lakind	Medical
Dr. John Woo	Medical
Ms. Julie Berman	HR

March

Dr. Jordan Toman	Radiology
Dr. Paul Tauro	Radiology

April

Dr. Paul Hart	Medical
Ms. Suzy Tanzer	Communications

Dr. Ted Sussman: the Cambodia and Maine connection



Dr. Ted Sussman, a long-time internal medicine physician, travels to Cambodia each winter to collaborate with SHCH physicians. SHCH appreciates the long-standing support and the relationship formed between SHCH and the doctor's Houlton, Maine community. Each year, Dr. Sussman collects donations

of cash and medical equipment to deliver to the hospital. This year, individuals sacrificed \$750. This contribution will provide food and transportation home for very poor patients hospitalized in our medical ward.

"The lobby of Houlton Regional Hospital now displays many SHCH's thank you gifts! My colleagues are pleased to support this great work," said Dr. Ted.

Visiting Students from Taiwan and Hong Kong



Dan and Elexa Liu, SHCH leaders from 2006 and 2009, brought 24 students from Taiwan and Hong Kong to introduce them to Cambodian healthcare. SHCH regularly hosts many small study groups from around the world. Please contact us at info@sihosp.org to request a tour.

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NCHADS, Cambodia
Operation USA
USAID-ASHA
World Health Organization
- Western Pacific Regional office of WHO
- Stop TB Partnership
World Mate

We are very grateful for all donations received. Thank you so much!

Donation from HOPE ww Japan



HOPE *worldwide* Japan organizes an annual concert that provides critical unrestricted operating support to the hospital's mission. Each \$25 ticket provides one day of oxygen delivery for a hospitalized patient. This year's concert raised \$12,139.

"It is our greatest honor to be able to support all of your wonderful and tireless work for the Sihanouk Hospital Center of HOPE," said Akiko Hazama, HOPE *worldwide* Japan.

Thanks for 4KhmeriPhone Team

4 Khmer iPhone Team, a local enterprise that repairs iPhones, donated seven wheelchairs to SHCH. The hospital always needs medical assistance equipment; many patients arrive with



limited mobility assistance to transport them through triage and treatment. 4KhmeriPhone Team maintains a strong connection to our mission and services. We are very grateful for your support.

Your contribution makes an impact:

- **\$3,000** provides immediate triage and treatment for 60 patients who arrive without money or any other options for care
- **\$1,000** purchases authentic, reliable antibiotics for 25 patients, an essential treatment in a country where counterfeit medicines are a common occurrence
- **\$300** saves the life of one critically ill patient, often with complications from untreated and undiagnosed health conditions



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