

Sihanouk Hospital Center of HOPE's mission is to provide a center for the further education and clinical training of medical professionals while delivering 24-hour, high-quality, free medical care for the poor and disadvantaged in Cambodia.

1,316,978

PATIENT VISITS
 AS OF
 DECEMBER 2015

YOUR
 CONTRIBUTION
 MAKES AN IMPACT

\$3,000

provides immediate triage and treatment for 60 patients who arrive without any other options for care

\$1,000

purchases authentic, antibiotics for 25 patients, an essential treatment in a country where there is common access to in appropriate medicines

\$300

saves the life of one critically ill patient, often with complications from untreated and undiagnosed health conditions

Life Hurts When You Can't Breathe



Sroeun (right) and her sister at medical ward, a day before her discharge.

In the dusty streets of Phnom Penh, there are many recycling collectors that are walking through the city. They pull carts that are loaded with cans, plastic bottles and cardboard boxes. Occasionally, the female trash collectors sometimes carry their babies or toddlers swinging in a hammock as they nap. Kann Sroeun, a 60 year old widow, makes about \$5 per day working in her area of Phnom Penh.

Surrounded by exhaust fumes and city dirt, many of the street vendors have breathing problems such as asthma and persistent cough. Sroeun arrived at Sihanouk Hospital Center of HOPE last month with severe difficulties. She was hypoxic, meaning that she did not have enough oxygen in her body, and had a very fast heart rate and shortness of breath.

Sroeun felt her situation was desperate. As a widow, she lived with her brother and sister in an urban shantytown slum in Phnom Penh. A doctor's visit in a private clinic would have cost her at least 2 days wages plus additional charges for necessary treatment, medication, or supplies.

She arrived at the hospital in the morning and was promptly evaluated. Sroeun received pure oxygen—a great relief for her tired lungs—and was diagnosed with severe asthma. After a week to rest and receive additional medications, Sroeun was discharged and returned to work.

"This is a great place. We received wonderful care from the doctors and staff here." - Sroeun.
"We thank the donors and doctors for support to the hospital. Without your contribution, this place would not exist and many would be dead. We are the poor so we really need you." - Yan Yunh, Sroeun's sister



Dr. Soy Sothea at Medical Ward

"I am here because I know what the poor patients need. I respect this hospital's mission to provide free medical care to the poor. I hope that I will spend a long time here."

- Dr. Soy Sothea

Re-gifting equipment to facilities in need



SHCH team passes along supplies to the NGO ECO du Refuge Infirmierie.

Siهانouk Hospital Center of HOPE received a significant in-kind contribution from Americares and Direct Relief International. With SHCH's network, we were able to find other facilities in need such as an NGO ECO du Refuge Infirmierie, Basac Operational District, Kompong Chhnang and Siem Reap Referral Hospital.

Diabetes workshop in 2015



Dr. Lim Kruey and Dr. Menh Varine trained 46 professionals over 2 weeks.

Medical professionals from SHCH, HMCs and Sonja Kill Memorial Hospital joined a training on Clinical Problem Solving in Diabetes Case Management on 2-13, November 2015. The purpose of this seminar was to improve and update the quality of prevention, care and management of diabetes.

Pink Party "Zumbathon" Benefits Breast Cancer Program



Cambodia-Japan Cooperation Center

A group of committed volunteers organized Cambodia's first Zumbathon Pink party to increase awareness and raise funds for the Breast Cancer Program. The Cambodia-Japan Cooperation Center was packed with Cambodians and foreigners who danced hard. The event raised over \$8000 to support SHCH's breast cancer program.

Home Care Team distributed food to patients with HIV



Home Care Team activities Sen Sok II village.

With the support of Harmony Home Association of Taiwan, SHCH's Home Care Team distributed food to 13 families in Sen Sok Village. The families are very poor. They have been relocated from a slum area in Phnom Penh.

Weekly nursing capacity building



Ms. Meak Kolenine's weekly nursing class.

SHCH's nursing department is dedicated to professional development. Here, Ms Meak Kolenine teaches a class. She spends time researching topics while also supporting clinical activities at the hospital.

Spotlight on Staff



Mr. Tem Sovann while he works at the garden

Tem Sovann, 59, a gardener, worked at SHCH for 14 years. Sovann survived the Khmer Rouge regime, when he was forced to work as a slave. After the regime ended, he worked as a motor driver in Phnom Penh. In 2002, he got a job as a gardener at SHCH. He loves his daily work so much. He is a gentle man, hard working and committed to his work to create a healing environment for patients.

Dear Friends,

With big construction projects underway all around the Sihanouk Hospital Center of HOPE, change is in the air. Just adjacent to the SHCH grounds, the Ministry of Health is constructing two new buildings. Nearby, one of Phnom Penh's largest construction projects looms on the horizon.

At the end of 2015, the Ministry of Land Management, Urban Planning and Construction announced that investment in the construction sector increased by 1 billion dollars compared to the same time in 2014. Most of the investment was targeted for buildings over 10 stories high—largely condominiums for foreign speculators that are not affordable for the majority of Cambodians. Phnom Penh's construction boom is also fueling Cambodia's overall progress from "Developing Country" into "Low Middle Income Country"—a direction that will have implications for the future of development funding.



One of Phnom Penh mega-developments overshadows the SHCH building.

Sincerely,

A handwritten signature in blue ink, appearing to read 'Sopheak Thai'.

Dr. Sopheak Thai
SHCH Executive Director

Across the city, you see the legions of construction workers, largely male, laboring in unsanitary and unsafe conditions to make these structures. This workforce is at high risk for accidents and injuries and sometimes death. In Cambodia as a whole, the International Labor Organization estimates that 64% of total employment is classified as vulnerable-- with inadequate wages and other protections. Patients like Kann Sroen, featured on the cover of our newsletter, is an example of a types of people that labor in unhealthy urban conditions and are at the highest risk for healthcare expense-related poverty.

Through this phenomenal growth in Phnom Penh, SHCH remains committed to serving the most poor and vulnerable with high quality health care and training Cambodia's health workers. Your support—financial contributions, gifts of time from our international volunteers and connecting us with others— remains an inspiration for all of us in Cambodia. Please join us in sharing the good news of our efforts in 2016.

USAID's American Schools and Hospital Abroad Program benefits SHCH and HOPE worldwide Medical Centers



SHCH's staff with Microscope that donated by USAID



Monitoring patients in SHCH's medical ward

In September 2015, HOPE worldwide finalized the final shipments of much needed medical equipment to the Sihanouk Hospital Center of HOPE and HOPE worldwide Medical Centers (HMC). The total \$600,000 award, first granted in 2011 and later re-negotiated to better meet the needs of these facilities, included major equipment such as anesthesia machines, surgical sets and a defibrillator. SHCH and HMCs both had the opportunity to upgrade patient monitors, infusion pumps and suction machines. Walter and Lori Kotkowski of HOPE worldwide in the United States managed a very complex in procurement process. We deeply appreciate their effort.

Directors of both HMC and SHCH celebrated the successful completion of the grant award. ***"Having this top-notch equipment helps us serve the poor and needy with sophisticated technology."*** said Dr. Gary Jacques, Vice President for Health and Social Services at HOPE worldwide's headquarters in Wayne, PA. ***"The new machines allow for a high-standard of care and also instill a lot of trust with our patients, especially when combined with the experience of our highly-trained medical professionals. We are excited to continue this important partnership with USAID's American Schools and Hospital Abroad program."***

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We are very grateful for all donations received. Thank you so much!

International Volunteers

July

Ms. Annabel Pike	Nursing
Ms. Therese Jeffs	Nursing
Ms. Kim Brooks	Nursing
Dr. David Mitchell	Medical

August

Dr. Roy Shen	Surgical
Mr. Kevin Shen	Student
Dr. Michael Baker	Radiology
Dr. Sally Ann Peprah	Public Health

November

Dr. Sharon Feehan	Nursing
Dr. Ted Sussman	Medical
Dr. Donna Venezia	Medical
Dr. Graham Gumley	Surgical

Ms. Soyoun Park	Nursing
Dr. Isaac Harvey	Surgical
Dr. Nick Smith	Surgical
Dr. Julie Chino	Surgical
Mr. Mat Dodgson	IT Consultant

Surveillance of Antibiotic Resistance at SHCH/HMCs

A training to review the findings of the Surveillance of Antibiotic Resistance has been offered annually since 2007. The purpose of the training is to show findings from the past year and look at improvement plans for the future.

On 9-10, October 2015, Sihanouk Hospital Center of HOPE, HOPE Worldwide Medical Center and Diagnostic Microbiology Development Program (DMDP) provided information to 180 staff.

"This training is very important to SHCH and HMC staff to educate them on how to improve their skills and results assessment." - Dr. Thong, ID Physician Supervisor and Antibiotic Consultant.



Dr. Thong provided training to SHCH and HMC staff.



SHCH and HMC staff in the training.

Your contribution and commitment makes a difference.

Thank You

Stories and articles compiled and written by the Communications and Development Department
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Volunteer Quotation



Ms. Ann working with the breast cancer program's new data project.

"Sihanouk Hospital Center of HOPE only is not only a center of hope; it provides care and improves the chance for healthy living for those who may not be able to access care by other means. The staff and their work demonstrate their commitment to serving poor and fulfilling the mission of the hospital everyday"

- Ms. Ann Martin
MPH student, USA



Thank you for all the gifts you provide to us. We really appreciate your steadfast support of our mission.

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